## CSL576 Introduction to Creative Arts Therapies in Counselling



1

Gladding, S. T. & American Counseling Association. The creative arts in counseling. (American Counseling Association, 2016).

2.

Expressive therapies. (Guilford Press, 2005).

3.

McNiff, S. Chapter 1: Unpredictable magic. in Trust the process: an artist's guide to letting go 11–46 (Shambhala, 1998).

4.

Learmonth, M. The Evolution of theory, the theory of evolution: Towards new rationales for art therapy. International Journal of Art Therapy 14, 2–10 (2009).

5.

Gladding, S. T. & American Counseling Association. The creative arts in counseling. (American Counseling Association, 2016).

6.

Hogan, S. The Art therapy continuum: A Useful tool for envisaging the diversity of practice in British art therapy. International Journal of Art Therapy 14, 29–37 (2009).

_
7

Expressive therapies. (Guilford Press, 2005).

8.

Moon, B. L. The role of metaphor in art therapy: theory, method, and experience. (Charles C. Thomas, 2007).

9.

Watkins, M. M. Six approaches to the image in art therapy. Spring: an annual of archetypal psychology and Jungian thought 107–125 (1981).

10.

Gladding, S. T. & American Counseling Association. The creative arts in counseling. (American Counseling Association, 2016).

11.

Havsteen-Franklin, D. The Composite image: An exploration of the concept of the 'embodied image' in art psychotherapy. International Journal of Art Therapy **13**, 53–64 (2008).

12.

Isserow, J. Looking together: Joint attention in art therapy. International Journal of Art Therapy 13, 34–42 (2008).

13.

Schaverien, J. Art and active imagination: Reflections on transference and the image. International Journal of Art Therapy **10**, 39–52 (2005).

Schaverien, J. The Mirror of art: Reflection on transference and the gaze of the picture. (2008).

15.

Winnicott, D. W. Transitional objects and transitional phenomena. A Study of the first not-me possession. The International Journal of Psycho-Analysis **34**, 89–97 (1953).

16.

Knill, P. J., Levine, E. G. & Levine, S. K. Principles and practice of expressive arts therapy: Toward a therapeutic aesthetics. (Jessica Kingsley Publishers, 2005).

17.

Expressive therapies. (Guilford Press, 2005).

18.

McNiff, S. Chapter 8: The Interpretation of imagery. in Art heals: how creativity cures the soul 75–81 (Shambhala, 2004).

19.

McNiff, S. Chapter 9: Treating images as persons and dialoguing with them. in Art heals: how creativity cures the soul 82–95 (Shambhala, 2004).

20.

Connolly Baker, K. & Mazza, N. The Healing power of writing: Applying the expressive/creative component of poetry therapy. Journal of Poetry Therapy 17, 141–154 (2004).

21.

Gladding, S. T. & American Counseling Association. The creative arts in counseling. (American Counseling Association, 2016).

22.

Expressive therapies. (Guilford Press, 2005).

23.

Stepakoff, S. From destruction to creation, from silence to speech: Poetry therapy principles and practices for working with suicide grief. The Arts in Psychotherapy **36**, 105–113 (2009).

24.

Wright, J. K. Writing for protection: Reflective practice as a counsellor. Journal of Poetry Therapy **16**, 191–198 (2003).

25.

Gladding, S. T. & American Counseling Association. The creative arts in counseling. (American Counseling Association, 2016).

26.

Expressive therapies. (Guilford Press, 2005).

27.

Expressive therapies. (Guilford Press, 2005).

28.

Mitchell, R. R., Friedman, H. S. & Greenman, E. J. Chapter 5: Integrating play therapy and sandplay therapy. in Integrating expressive arts and play therapy with children and adolescents 101–124 (Wiley, 2014).

Schadler, G. & De Domenico, G. S. Sandtray-worldplay for people who experience chronic mental illness. International Journal of Play Therapy **21**, 87–99 (2012).

30.

Swan, K. L. & Schottelkorb, A. A. Interpreting children's dreams through humanistic sandtray therapy. International Journal of Play Therapy **22**, 119–128 (2013).

31.

Bager-Charleson, S. Chapter 3: Reflective practice. in Why therapists choose to become therapists: a practice-based enquiry 65–92 (Karnac, 2010).

32.

Bager-Charleson, S. Chapter 3: Reflective practice. in Why therapists choose to become therapists: a practice-based enquiry 65–92 (Karnac, 2010).

33.

Hammond, L. C. & Gantt, L. Using Art in Counseling: Ethical Considerations. Journal of Counseling & Development **76**, 271–276 (1998).

34.

Kaplan, F. F. Chapter 31: What art can and cannot tell us. in Handbook of art therapy 446–457 (Guilford Press, 2012).

35.

Rosen, C. M. & Atkins, S. S. Am I doing expressive arts therapy or creativity in counseling? Journal of Creativity in Mental Health **9**, 292–303 (2014).

Pompeo, A. M. & Levitt, D. H. A Path of counselor self-awareness. Counseling and Values **59**, 80–94 (2014).

37.

Allison, L. & Strydom, A. Intellectual disability across cultures. Psychiatry **8**, 355–357 (2009).

38.

Dee, K. Bereavement and learning disabilities: a theoretical overview & Chapter 3: Shaping loss. In Art Therapies and Learning disabilities. in Art therapy and learning disabilities:don't guess my happiness 55–73 (Routledge, 2012).

39.

Dee, K. Bereavement and learning disabilities: a theoretical overview & Chapter 3: Shaping loss. In Art Therapies and Learning disabilities. in Art therapy and learning disabilities:don't guess my happiness 55–73 (Routledge, 2012).

40.

Gentile, J. P. & Jackson, C. S. Supportive psychotherapy with the dual diagnosis patient: Co-occuring mental illness/intellectual disabilities. **5**, 49–57 (2008).

41.

McCarthy, M. Women with intellectual disability: Their sexual lives in the 21st century. Journal of Intellectual and Developmental Disability **39**, 124–131 (2014).

42.

van Nijnatten, C. & Heestermans, M. Communicative empowerment of people with intellectual disability. Journal of Intellectual and Developmental Disability **37**, 100–111 (2012).

Eigen, M. Comments on snake symbolism and mind body relations. American journal of psychoanalysis 41, 73–79 (1981).

44.

Powley, D. Drama as accelerator. in Dramatic approaches to brief therapy 87–97 (Jessica Kingsley Publishers, 1996).

45.

Rublev, A. Echoes of an imaginal bell: reverberations of Andrei Tarkofsky's. in Archetypal imagination (ed. Cobb, N.) 21–49 (Lindisfarne Press, 1992).

46.

Landy, R. J. Chapter 11: The Child, the dreamer, the artist and the fool: In search of understanding the meaning of expressive therapy. in Essays in drama therapy: the double life 140–157 (Jessica Kingsley, 1996).

47.

Hackmann, A. Chapter 3: Experimental research on imagery: Implications for clinical practice. in Oxford guide to imagery in cognitive therapy vol. Oxford guides in cognitive behavioural therapy 29–42 (Oxford University Press, 2011).

48.

Jones-Smith, E. The Expressive arts therapies. in Theories of counseling and psychotherapy: an integrative approach 345–372 (SAGE, 2016).

49.

Symington, N. Chapter 4: Imagination and curiosity of mind. in The making of a psychotherapist 35–49 (Karnac Books, 1996).

Uttley, L. et al. Systematic review and economic modelling of the clinical effectiveness and cost-effectiveness of art therapy among people with non-psychotic mental health disorders. Health Technology Assessment **19**, 1–120 (2015).

51.

Winnicott, D. W. Transitional objects and transitional phenomena. in Playing and reality 1–30 (Tavistock, 1971).

52.

Pearson, M. & Wilson, H. Chapter 7: Exploring art as therapy. in Using expressive arts to work with mind, body and emotions: theory and practice 202–232 (Jessica Kingsley Publishers, 2009).

53.

McNiff, S. Art heals: how creativity cures the soul. (Shambhala, 2004).

54.

Levy, F. J., Fried, J. P. & Leventhal, F. Dance and other expressive art therapies: When words are not enough. (Routledge, 1995).

55.

Expressive therapies. (Guilford Press, 2005).

56.

Boal, A. & Jackson, A. Games for actors and non-actors. (Routledge, 2022).

57.

Case, C. & Dalley, T. The Handbook of art therapy. (Routledge, 2006).

Degges-White, S. & Davis, N. L. Integrating the expressive arts into counseling practice: Theory-based interventions. (Springer Pub. Co, 2011).

59.

Oxford guide to imagery in cognitive therapy. (Oxford University Press, 2011).

60.

Knill, P. J., Levine, S. K. & Levine, E. G. Principles and practice of expressive arts therapy: towards a therapeutic aesthetics. (Jessica Kingsley Publishers, 2005).

61.

Moon, B. L. The Role of metaphor in art therapy: Theory, method, and experience. (Charles C. Thomas, 2007).

62.

McNiff, S. Trust the process: an artist's guide to letting go. (Shambhala, 2011).